2022

# FOOD FOR THE SOUL

#### OPEN HOURS

12:00PM - 8:30PM SUNDAY 12:00PM - 6PM CLOSED MONDAYS

# **LUNCHES**

# **DINNERS**

3 Whole Wings	\$10.00
Additional Wing is \$3 each  Turkey Burger	\$10.00
Lettuce & Tomato  Mama Burger (Single)  Turkey Bacon, Sauteed Onions,	\$10.00
Lettuce, Tomato  Mama Burger (Double)  Turkey Bacon, Sauteed Onions,	\$16.00
Lettuce, Tomato Chopped Turkey BBQ	\$13.00
Pulled Smoked turkey (served w/ BBQ sauce)  Colossal Shrimp	\$3.00 Each
Includes Fries & Coleslaw  Whiting Served w/ Coleslaw	\$13.00
Catfish Served w/ Coleslaw	\$13.00
Shrimp Po' Boy Lettuce & Tomato	\$15.00
Shrimp Basket	\$15.00

Includes Fries & Coleslaw Add Cheese to Burgers for \$1 Add Fries for an additional \$3

3 Whole Wings	\$20.00
3 Whole Fried Wings 1/4 Fried Chicken	\$20.00
Leg & Thigh 1/2 Fried Chicken	\$28.00
Leg & Thigh, Breast, Wing Smothered Chicken	\$23.00
Served over Rice or Mashed Potatoes Chopped Turkey BBQ	\$23.00
Served w/ BBQ sauce Beef Brisket Dinner	\$25.00
Choice of two sides Whiting Dinner	\$20.00
Add Fries for an additional \$4  Catfish Dinner	\$23.00
Add Fries for an additional \$4  Shrimp Basket Dinner	\$25.00
5 Colossal Shrimp	<b>72</b> 0.00
10 oz. Crab Cake	\$25.00
100% crab meat	4
Seafood Platter	\$50.00
Choice of f <mark>ish, 5 Large</mark> Shrimp, 4	

All Dinners come with 2 Sides & Cornbread

Scallops & a 10 oz. crab cake



#### **TUESDAY**

Turkey Meatloaf \$23.00

#### FRIDAY

Oxtail w/ Rick & Beans \$28.00 Beef Ribs \$18.00 Beef Brisket \$23.00

# MONDAY CLOSED

WEDNESDAY

BBQ Chicken \$20.00

#### SATURDAY

Oxtail w/ Rick & Beans Oxtail w/ Rice & Beans \$28.00 Beef Ribs \$18.00 Beef Brisket \$23.00

#### THURSDAY

Oxtail w/ Rick & Beans \$28.00 Turkey Meatloaf \$23.00 Beef Brisket \$25.00

#### SUNDAY

\$28.00 Beef Ribs \$18 Turkey Wings

EST. 2022

# FOOD FOR THE SOUL

OPEN HOURS TUESDAY - SATURDAY 12:00PM - 8:30PM SUNDAY 12:00PM - 6PM CLOSED MONDAYS

### SIDES

### KIDS MENU

Colossal Shrimp	\$3.00 Each
Coleslaw	\$4.00
Fries	\$4.00
Onion Rings Mozzarella Sticks	\$4.00
Mozzarella Sticks	\$6.00
Candied Yams	\$7.00
Smack Mac & Cheese	\$7.00
Collared Greens W/ Smoked Turkey	\$7.00
Green Beans	\$7.00
Cabbage	\$7.00
Butter Beans	\$7.00
Potato Salad	\$7.00

Chicken Nuggets (6) \$8.00 Grilled Cheese \$8.00 Chicken Leg \$8.50 2 Slider Burgers \$10.00

> All Kids menu options comes with 1 side

# **BEVERAGES**

#### \$2.00 **Assorted Sodas** \$3.00 **Hibiscus Tea** \$3.00

\$3.00

Cooler

Watermelon Mint

Water

# **DESSERTS**

Red Velvet Cake	\$6.00
Apple Pie	\$6.00
Lemon Pound Cake	\$6.00
Banana Pudding	\$8.00
Strawberry Banana	\$8.00
Pudding	
Peach Cobbler	\$8.00
Cookie Butter Cake	\$8.00
Sweet Potato	\$8.00
Cinnahan	

\*Inquire w/server

# **CATERING**

# **AVAIALBLE**

Inquire at www.sugafootsalbanyny.com

Menu items may contain or come into contact with WHEAT, EGGS, TREE NUTS, FISH and MILK. For more information, please speak with your server or Chef prior to ordering. All Sales are final.